

4). Spiritual awareness is required. (A spiritually minded believer will display the fruit of the spirit)

John 17:21 (NKJV) that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me.

John 17:22 (NKJV) And the glory which You gave Me I have given them, that they may be one just as We are one:

John 17:23 (NKJV) I in them, and You in Me; that they may be made perfect in one, and that the world may know that You have sent Me, and have loved them as You have loved Me.

Romans 12:18 (NKJV) If it is possible, as much as depends on you, live peaceably with all men.

Ephesians 4:31 (NKJV) Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice.

Ephesians 4:32 (NKJV) And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

Practical application (your part):

- Adopt the “**own-your-part**” habit: “Here’s where I was wrong. Will you forgive me?” (No defending, no “but.”)
- Practice **pre-forgiveness**: decide you won’t carry bitterness—even if boundaries are still needed.
- Become a peacemaker, not a scorekeeper: ask, “What response would plant peace right now?”

“...there needs to come a sensitivity to the reality of the spiritual realm.” -Jack Hayford

Allowing the Word and Holy Spirit to Influence our Relationships

Sunday, February 15, 2026

1) Stay connected: you will have access to what you need in every situation.

Ephesians 1:3 (NKJV) Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

2 Peter 1:2 (NKJV) Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord,

2 Peter 1:3 (NKJV) as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue,

John 15:4 (NKJV) Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me.

John 15:5 (NKJV) “I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.

John 15:7 (NKJV) If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.

John 15:11 (NKJV) “These things I have spoken to you, that My joy may remain in you, and that your joy may be full.

Matthew 6:33 (NKJV) But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Psalms 16:11 (NKJV) You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore.

Nehemiah 8:10 (NKJV) ... Do not sorrow, for the joy of the Lord is your strength.”

Practical application (your part):

- **Refuse the “I’ll be okay when they change” trap:** replace it with: “Because Holy Spirit is in me, I can do what’s right today.”
- **Practice joy-strength:** when you feel needy/irritable, make one that changes things: gratitude, worship, or a short psalm—then respond.

“All our fret and worry is caused by calculating without God.” -Oswald Chambers

2) Fill up on God’s Word and yield to the Holy Spirit’s leadings.

John 8:31 (NKJV) Then Jesus said to those Jews who believed Him, “If you **abide in My word**, you are My disciples indeed.

John 8:32 (NKJV) And **you shall know the truth**, and the **truth shall make you free.**”

Galatians 5:16 (NKJV) I say then: **Walk in the Spirit**, and you shall not fulfill the lust of the flesh.

Galatians 5:22 (NKJV) But **the fruit of the Spirit** is love, joy, peace, longsuffering, kindness, goodness, faithfulness,

Galatians 5:23 (NKJV) gentleness, self-control. Against such there is no law.

Romans 5:5 (NKJV) Now hope does not disappoint, because **the love of God has been poured out** in our hearts **by the Holy Spirit who was given** to us.

John 14:26 (NKJV) But **the Helper**, the Holy Spirit, whom **the Father will send** in My name, He **will teach you all things**, and **bring to your remembrance all things** that I said to you.

Practical application (your part):

- Use the **“Fruit Check”** in tense moments: *Which fruit is needed right now?* (Often patience + self-control.)
- Choose one “fruit practice” per week (examples):
 - **Patience:** slow your pace; let someone finish speaking.
 - **Gentleness:** lower your volume; soften your words.
 - **Self-control:** delay that sharp reply by 10 minutes.

God’s way... is not struggling but yielding... yielding to the Holy Spirit.” — Derek Prince

3) Love should be your first response, not your earned response.

People should not have to measure up before you do the right thing.

Always do the right thing but make sure you do it with the right attitude.

1 Corinthians 13:4 (NKJV) Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up;

1 Corinthians 13:5 (NKJV) does not behave rudely, does not seek its own, is not provoked, thinks no evil;

1 Corinthians 13:6 (NKJV) does not rejoice in iniquity, but rejoices in the truth;

1 Corinthians 13:7 (NKJV) bears all things, believes all things, hopes all things, endures all things.

1 Corinthians 13:8 (NKJV) Love never fails. But whether there are prophecies, they will fail; whether there are tongues, they will cease; whether there is knowledge, it will vanish away.

John 13:34 (NKJV) A new commandment I give to you, that you love one another; as I have loved you, that you also love one another.

John 13:35 (NKJV) By this all will know that you are My disciples, if you have love for one another.”

1 John 4:19 (NKJV) We love Him because He first loved us.

1 John 4:20 (NKJV) If someone says, “I love God,” and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen?

1 John 4:21 (NKJV) And this commandment we have from Him: that he who loves God must love his brother also.

Practical application (your part):

- Translate love into **verbs** (pick 2 daily):
 - *Patience* = I won’t rush/pressure.
 - *Kindness* = I will initiate one blessing.
 - *Not provoked* = I won’t escalate tone.
 - *Keeps no record* = I won’t store ammo for later.
- Do one “love-first” action every day for 14 days: encouragement, apology, listening, service—without demanding a return.

“Biblical love is not emotions or feelings, but attitudes and actions that seek the best interests of the other person, regardless of how we feel toward him.” -Jerry Bridges